



Hawaii Grand Prize Drawing – 14th

Seafood Feast – 16th

Naeba Overnight Ski Trip – 18th & 19th

Trout Fishing Derby – 24th



The U.S. Army Garrison, Japan (USAG-J), Services Division, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

ZAMA Community BUGLE

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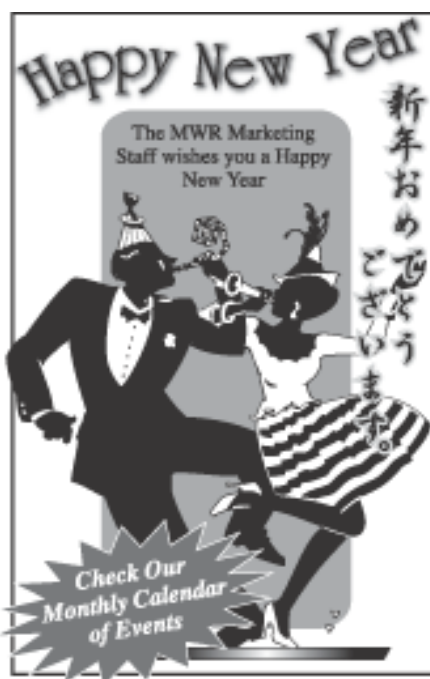
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THIS MONTH'S COVER

As part of the MWR program, there are three automatic car wash locations within the Zama Community: at Camp Zama, Sagamihara Housing Area and Sagami General Depot. The car wash machines accept Yen coins and quarters and the "Pre-Paid Card" is a real value (the cards cost ¥2,500 each, but are a ¥3,000 value). The prepaid card can be purchased at the Camp Zama Auto Craft Shop. This month's cover shows Mike Trapp preparing his vehicle for service at the Camp Zama car wash. Frank Bordenave, Director of the Camp Zama Auto Crafts, is on hand to assist with any questions.

Photo by Richard Haun, and technical enhancement by Hideko McKeta.



USAG-J, COMMUNITY ACTIVITIES	MS. WITTKAMP	263-7611
ARMY COMMUNITY OFFICE	MS. ABRAMS	263-8087
ARTS & CRAFTS CENTER	VACANT	263-4412
AUTO CRAFTS	MR. BORDENAVE	263-3615
BOWLING CENTER	MR. GALLAGHER	263-4780
CAMP ZAMA COMMUNITY CLUB	MR. KIM	263-4133
CDC, SHA	MS. SILVA	267-6564
CDC, ZAMA	MR. RENDON	263-4992
CENTRAL REGISTRATION OFFICE	MS. BUENVIAJE	263-4125
COMMERCIAL SPONSORSHIP	MR. McKETA	263-5995
COMMUNITY CULTURAL CENTER	MR. CLARK	263-3349
COMMUNITY OPERATIONS CHIEF	MR. VAUGHN	263-7666
COMMUNITY RECREATION CHIEF	VACANT	263-3479
CHECK CONTROLLER	MS. INTALAN	263-5572
CHILD & YOUTH SERVICES	MR. CLARK	263-8086
DIRECTOR OF GOLF CLUB	MR. JORGENSEN	263-4224
ENTERTAINMENT	MR. TAKASE	263-3939
FAMILY CHILD CARE	MS. BUENVIAJE	263-3397
FINANCIAL MANAGEMENT DIVISION	MR. BASCOS	263-4273
GROUP HOME, DEPOT	VACANT	268-4625
HOB NOB INN	MR. KOMAGATA	267-6372
INFORMATION SERVICES OFFICE	MS. TANIGUCHI	263-5616
INTERNATIONAL TOURS	MS. NAKAMURA	263-5273
KENNELS	MR. MANGUM	263-5915
KURE CLUB	MR. RICKS	256-2580
LIBRARIES	MR. LACOMB	263-5267
LOCAL TOURS	VACANT	263-3311
LODGING OFFICE	MS. RUSK	263-3830
MWR CENTRAL WAREHOUSE	MR. KEELEY	263-4877
MWR MARKETING	MR. HAUN	263-4721
NAF CONTRACTING	MS. HEINS	263-4939
NAF MAINTENANCE	MR. MATSUDA	263-3110
OUTDOOR RECREATION	VACANT	263-3311
POOLS	MS. BAILES	263-5656
PRIVATE ORGANIZATION	MS. MANRIQUE	263-5316
SAGAMI LOUNGE	MR. LARKIN	268-4954
SCHOOL AGE SERVICES	MS. GATES	267-6317
SERVICES DIVISION	MR. CENTENO	263-3477
SPORTS & FITNESS & AQUATIC	MR. STEARNS	263-3954
PROPERTY CONTROL	MR. MCCRAE	263-4967
TEEN CENTER	VACANT	263-4500
YOUTH SPORTS	MR. THOMPSON	263-5437
10TH DCA TORII STATION		644-5396

OTHER NUMBERS

AAFES	MR. SALGADO	263-3775
CENTRAL ACCT NAF	MS STODDARD	263-4222
CPAC	MS. MORGAN	263-3755
CPAC NAF UNIT	MR. FEEDHAM	263-4383
FAMILY HOUSING OFFICE	MS. QUENGA	263-3527
HARDY BARRACKS LODGING	MR. SHIBATA	267-3270
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CALENDAR OF EVENTS

JANUARY 2004

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
UPCOMING EVENTS: <ul style="list-style-type: none"> • Super Bowl Party - 2 February • Big Kahuna Bench Press Competition - 7 February • Learn-to-Swim Sessions - 9 - 27 February • Newcomer's Orientation - 10 February • Payday Scramble - 27 February • Bazaar - 28 - 29 February 				1	2	3
4	5	6	7	8	9	10
<ul style="list-style-type: none"> • Ice Skating and Greenwave Park Tour 		<ul style="list-style-type: none"> • PWOC Board Meeting Zama Chapel 	<ul style="list-style-type: none"> • Big Kahuna Bench Press Competition Sports • Parish Council Meeting Zama Chapel • Mongolian BBQ CZCC 	<ul style="list-style-type: none"> • "Who Moved My Cheese?" Workshop ACS • Stress and Post Holiday Blues Workshop ACS 	<ul style="list-style-type: none"> • Married Couple's Retreat New Sanno • Intramural Basketball Tournament Sports 	<ul style="list-style-type: none"> • Three Point Shoot Out Sports • Yatsugatake Ski Resort Tour
11	12	13	14	15	16	17
<ul style="list-style-type: none"> • Tama Tech Tour • Intramural Basketball Tournament Sports • Yokohama's New Year Fireman Brigade and Minato Mirai 21 Tour 		<ul style="list-style-type: none"> • Single Parent Support Group Workshop ACS • Newcomer's Orientation CCC 	<ul style="list-style-type: none"> • Mongolian BBQ CZCC • Hawaii "Grand Prize" Drawing CZCC • Medical Morning and Community Tour ACS 	<ul style="list-style-type: none"> • English Teachers Network ACS • Newcomer's Train Class Part I ACS • Dealing with The Difficult and Aggressive Child Workshop ACS 	<ul style="list-style-type: none"> • 6th Grade Happening YS • Seafood Feast CZCC • Shopping on the Economy ACS 	<ul style="list-style-type: none"> • Hello Kitty Land Tour • Bird Walking with Susan ODR • Newcomer's Train Class Part II ACS
18	19	20	21	22	23	24
<ul style="list-style-type: none"> • Yokota Shopping Tour • PWOC Fellowship Zama Chapel • Naeba Overnight Ski Trip Tour 	<ul style="list-style-type: none"> • Toshiba Science Museum and Kawasaki Daishi Temple Tour • Shirakabako Royal Hill Ski Trip YS 	<ul style="list-style-type: none"> • Checkbook Management ACS • Anger Management Workshop ACS • Baby Love Seminar SHA CDC 	<ul style="list-style-type: none"> • Mongolian BBQ CZCC 	<ul style="list-style-type: none"> • Transitional Compensation for Spouses Workshop ACS • Nichibei Friendship Golf Outing CZGC 	<ul style="list-style-type: none"> • 70's and 80's Music w/DJ Sagami Lounge • Kanto Plain Dance YS • Echo Valley Ski Trip YS 	<ul style="list-style-type: none"> • Fishing Derby ODR • Pallet Town and Edo-Style Hot Spring Tour • Racquetball Tournament Sports
25	26	27	28	29	30	31
<ul style="list-style-type: none"> • Odawara Castle and Enoshima Island Tour • Tokyo International Quilt Festival Tour 			<ul style="list-style-type: none"> • Community Information Exchange Meeting • Nichibei Friendship Golf Outing CZGC • Mongolian BBQ CZCC 		<ul style="list-style-type: none"> • Payday Scramble CZGC • Country Misc w/DJ Sagami Lounge 	<ul style="list-style-type: none"> • Tanbara Ski Resort Tour • NHK Studio Park and Roppongi Hills Tour

Winter Classic

TROUT FISHING DERBY

Saturday, 24 January

1 - 3:30 pm

Adult: \$12 • Youth: \$6

Sign up by Wednesday, 21 January, 5:30 pm, and get a Free Gift!

Fishing tackle and rental fishing poles are available.
Call 263-4671 for fishing pole reservations - rental fee is required.

Thanks

Thanks to our sponsors Coca-Cola, 3M and Zebco Sports for supporting the MWR Program and the Camp Zama Community.

3M

Coca-Cola

Zebco Sports



T

he Camp Zama Youth Center is open for 9 - 12th graders only from 6 - 8 pm week nights, and 8 - 10 pm on Fridays and Saturdays. Transportation provided from and to SHA



■ Child and Youth Services • 263-4743 (Map location 37)

YOUTH SPORTS.

• Volunteer Coaches.

Youth sports coaches are needed for youth girls volleyball and basketball. If interested, register at Central Registration, Building #533, or at the Youth Sports Office located in the Youth Center, Building #314. Coaching certifications are good for

one year (even if you have coached before make sure your certification is current). For your current status, or more information on any youth sport, please contact the Youth Sports and Fitness Director, Stefan Thompson, at 263-5437, or the Youth Sports Fitness Coordinator, Mike Sherwood, at 263-3424.

Activities for the Month of January

- | | | |
|--------|-------------|---|
| 16 Jan | 7 - 10 pm | 6th Grade Happening at the Youth Center. Cost is \$2 with transportation provided from SHA Commissary and Atsugi Theater. |
| 19 Jan | 5 am - 9 pm | Youth Sports sponsored trip to Shirakabako Royal Hill Ski Resort. Depart Youth Center at 5 am and return to the Youth Center at 9 pm; cost is \$35. |
| 23 Jan | 5 am - 9 pm | Youth Sports sponsored trip to Echo Valley Ski Resort. Depart Youth Center at 5 am and return to the Youth Center at 9 pm; cost is \$35. |
| 23 Jan | 6 - 10 pm | Youth Sports / high school sponsored Kanto Plain Dance 6 - 10 pm. Tickets can only be purchased at the high school. Transportation will be provided from SHA Commissary and Atsugi Theater. |

• Call 263-4500 for more information.



College Preparation Instructor

We're looking for someone who is interested in working with high school students interested in attending college, a technical school or community college.

This person will be responsible for helping students:

- ❖ Prepare for college entrance examinations (i.e., SAT, ACT, etc.)
- ❖ Plan for college including identifying colleges they may have interest in
- ❖ Apply for financial aid
- ❖ Identify and/or apply for any scholarships they may be eligible for, and
- ❖ Complete their college applications

★★★★★★★★★★

**IF YOU THINK YOU'VE GOT
WHAT IT TAKES - call us
at 263-3241**



Sagamihara Child Development Center
PART DAY PRESCHOOL PROGRAM

PDPS is offered for pre-school children 3 - 5 years. The program is designed to provide an opportunity for children to experience a group setting. The goal of the program includes socialization, language and intellectual development, and fine/gross motor development. Register now at building 533 on Camp Zama.

We have three and five day programs for ages three to five.
To register:
Your child must be potty trained.
Immunizations must be current.

For more information on the Part Day Preschool Program, please call Sagamihara CDC at 267-6564
To register, stop by the Central Registration Office, Building 533, or call 263-4125.

Looking for a job that allows you to stay home?



Classes are beginning soon.

You may be eligible for monetary subsidies and free training and equipment for your business. Family Child Care may be the business you want if you want to gain experience in child development and are looking for a second career.

This is a private business you may provide in your home. If interested,
Contact: Elvira S. Buenavista, 263-3397/4743

FAMILY CHILD CARE (FCC)



■ Camp Zama Golf Club • 263-4224 (Map location 21)

<http://www.usarj.army.mil/information/mwr/business/golf/>

TOURNAMENTS

• Nichibei Friendship Golf Tournament

Thursday, 22 January, 9 am, shotgun start. Contact Ernie Harada at 263-4225 to sign up.

PAYDAY SCRAMBLE

Friday, 30 January, 11 am, shotgun start. \$15 entry fee plus green fees for nonmembers.

ATTENTION

GHIN subscribers. It is now time to renew your GHIN membership for 2004. All subscribers have been deactivated. Please pay the \$20 fee in the golf shop to be activated.

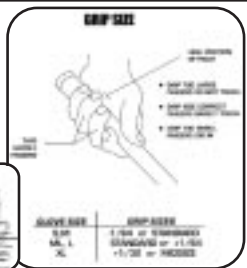
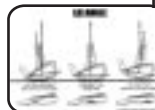
Annual green fees for 2004 (TBD)

CUSTOMER FITTING BY MIZUNO



Mizuno®

We are now authorized club fitters for Mizuno irons and woods. We can measure swing speed, lie angle, and shaft flex. Don't buy another set off the rack! Cost for the fitting session is \$25 (waived if you purchase clubs). Call today and schedule your appointment at 263-4224/4225.



The Proper Way to Repair a Ball Mark

- 1 Use a prolonged ball mark repair tool (preferably), knife, key or so.
- 2 Insert at the edges of the mark, not the middle of the depression.
- 3 Bring the edges together with a gentle twisting motion, but don't lift the center. Try not to tear the grass.
- 4 Smooth the surface with a club or foot. You're done when it's a surface that you would putt over.



Please repair ball marks on the green. A ball mark that is repaired correctly heals in a few days. If it is not repaired, or is repaired incorrectly it will be visible for weeks.

C a m p • Z a m a • G o l f • C l u b

"TOTAL VISION" ...Video Instruction...

Cost is \$50

(includes a take home video tape)

Zama Golf Club announces video instruction using "Total Vision". Spend an hour with the pros for a detailed analysis of your golf swing using the latest computer technology.

Call Dale Jorgenson at 263-4224 for an appointment.



Custom Fitting by PING Golf

PING

...We can now fit you for putters also!...

Camp Zama Golf Club has been selected by Ping Japan as the Custom Fitting Center for this area. Dale Jorgenson, Director of Golf, and Ernie Harada, Head Golf Professional, have been factory trained to help you find the best combination of lie, length, grip, shaft and model to fit your golf swing. CZGC has 30 different irons and 10 different woods to accommodate almost any golfer. Cost for the fitting session is \$25 (waived if you purchase clubs). Call today and schedule your appointment at 263-4224 or 263-4225.

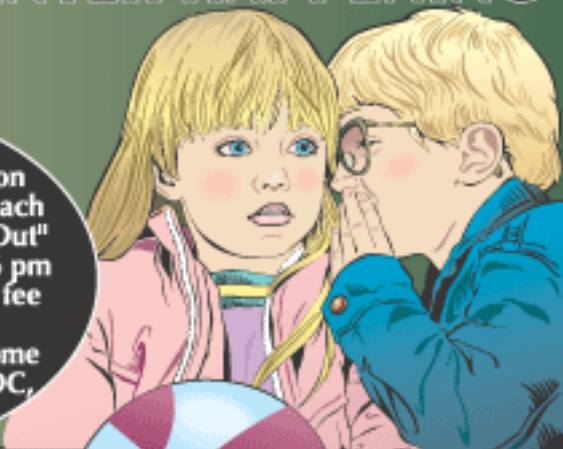


SAGAMIHARA HOUSING AREA CHILD DEVELOPMENT CENTER HAPPENING

Starting January 2004
SHA CDC's operational hours will be 5:30 am - 7 pm.

SHA CDC is taking reservations to rent a classroom at the SHA CDC facility for birthday parties. Rental fee is \$50 for four hours.

SHA CDC will be providing hourly care on every second Friday of each month as "Friday Night Out" starting 9 January from 6 pm - midnight. Hourly care fee is \$2.50 per hour. Reservations are first come first serve. Call SHA CDC, 267-6564.



W

no Moved My Cheese?"

Happy New Year! How do you deal with change in your work, social, and family life?

Perhaps you've read or heard about the book. Now you can complete the "cheese experience". This is a simple but powerful program that will help you learn how to successfully deal with professional and personal change. Space is limited; registration is required. The workshop will be held in the ACS Community Room on Thursday, 8 January, 11:30 am - 1:00 pm. Please call ACS at 263-8327 for registration. This workshop is also available to organizations upon request.

■ Army Community Service • 263-8327 (Map location 2)

RELOCATION READINESS / MOBILIZATION AND DEPLOYMENT PROGRAMS, 263-8089

• **Medical Morning and Community Tour**

Healthcare professionals provide information about medical care and counseling services in Japan and the military community. A pharmacy class, which is mandatory in order to receive over the counter medications, is also given during this briefing. The briefing will be held on 14 Jan in the ACS Community Room, 8 - 11 am. The orientation is mandatory for military and civilian personnel. Adult family members may also attend. IN/OUT Processing (263-4122) will schedule attendees for this program.

A community bus tour will be conducted immediately following the briefing. All spouses new to the area are encouraged to attend. Lunch will be provided. The tour is scheduled from 11 am - 2:30 pm. Please call ACS at 263-8327 to register (tour only).

• **Newcomer's Train Class Parts I and II**

Part I will be held on Thursday, 15 Jan, 6 - 8 pm, in the ACS Commu-

nity Room, Building 402. Get out and see Japan! This class will teach you how to read the signs in the stations, buy train tickets, and more.

Part II will be conducted on Saturday, 17 Jan, 9 am. Join us as we practice how to travel by train and subway. Our class will travel to Tokyo, stop for lunch at the New Sanno Hotel and shop in Shinjuku. Children and family members are welcome; bring about ¥1,300 per person for transportation expenses. *All attendees should meet at Gate 4.*

• **English Teachers Network**

This month's English Teachers Network will meet on 15 Jan, noon - 1 pm. Teaching English in Japan can be fun and rewarding. Find out how to recruit students, what fees to charge, where to buy materials, and meet with others who have experience teaching. For additional information, contact Mavis Crowell at 263-8089.

• **Shopping on the Economy**

Community members wishing to attend the "Shopping on the Economy" class should mark their calendars for Friday, 16 January. This class will depart Gate 4 at 9:45 am and will return approximately at noon. There are many great bargains right outside the gate. Let our Japanese experts show you how to shop at the department stores, where to find the best fruits and vegetables, and more. Call 263-8327 to sign-up. Bring ¥400 for transportation and some for extra purchases. Children are welcome, but free childcare is also available provided you call CDS one week in advance at 263-4743.

FAMILY ADVOCACY PROGRAM 263-4785/4782

The Family Advocacy Program provides services that are designed to prevent spouse and child abuse by improving family functioning, easing the kinds of stress that can aggravate or trigger patterns of abusive behavior, and create a community that is supportive of families. The prevention of family violence is a

Command Right Start Program **Installation Newcomer's Orientation**

All newcomers are invited to attend the Newcomer's Orientation on Tuesday, 13 January, 8:30 am - 3:30 pm, at the Community Cultural Center, Building 267. The program will begin with a welcome by the Commanding General and the Garrison Commander. Several presenters will provide an overview of the policies, programs, and services at Camp Zama. An information fair will be conducted during this time which will offer participants an opportunity to meet community representatives and managers from MWR, DoDDs, AAFES, Commissary and Private Organizations and others. The orientation also includes a bus tour and a "Taste of Japan" luncheon. This program is mandatory for military and civilian personnel. Adult family members are encouraged to attend. Free childcare is available by calling CDS in advance, 263-4743.

Thanks to our sponsr, KDDI, for supporting the ACS Newcomer's Orientation

• FOR INTERNATIONAL CALLS:

99 + 001 + Country Code + Area Code + Phone No.

• FOR DOMESTIC CALLS:

99 + 001 + Area + Phone

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community responsibility, which includes awareness, education, and intervention in high-risk situations. If you, your unit, or organization would like to schedule a class, workshop or seminar on topics such as spouse and child abuse prevention, reporting and referral procedures, safety education, family life enhancement etc., contact the Army Community Service Family Advocacy Program at 263-4785/4782.

The Reporting Point of Contact (RPOC) for suspected child or spouse abuse is the Military Police at 263-3002. If you have questions regarding child or spouse abuse, call Ms. Zamora-Cruz, FAP Manager, at 263-4782.

JANUARY WORKSHOPS (FAP)

• Thursday, 8 January

Stress and Post Holiday Blues, 11:30 am - 1 pm, ACS

• Tuesday, 13 January

Single Parent Support Group, 1:30 - 3 pm, ACS.

The desired goal of this group is to support others, identify and resolve issues that affect family and mission readiness, and provide educational information relative to our family systems.

• Thursday, 15 January

Dealing With The Difficult and Aggressive Child, 9:30 - 11 am, ACS
Aggression is a pattern of behavior in children that parents don't understand or tolerate. In order to learn effective ways to channel aggression in a constructive matter and understand the aggression, please attend this class.

• Tuesday, 20 January

Anger Management, 9:30 - 11:30 am at ACS.

This is a comprehensive two hour course on understanding and coping with anger and aggression.

• Thursday, 22 January

Transitional Compensation for Spouses Workshop, 1:30 - 2:30, ACS
Do you know that you can be entitled to receive Transitional Compensation Benefits? If you are interested and would like to know how, please plan to attend this workshop.

NEW PARENT SUPPORT PROGRAM (NPSP)

The NPSP is now offering Home Visitation to new and expecting parents. For more information, contact Ms. Sonji Brown at 263-3638.

• **Play Morning** is an interactive playgroup for parents and children birth to 6 years and is offered every Tuesday at SHA CDC from 9:30 - 11:30 am. Plan to attend the Baby Love Seminar at SHA CDC from 9:30 - 11:30 am on 20 January.

FINANCIAL AND EMPLOYMENT READINESS 263-8091

• Checkbook Management

This training course provides basic information on banking, checking account management, ATMs and debit cards. Individuals will also become aware of other banking service at financial institutions. This training will be held on Tuesday, 20 January, 11:30 - 1 pm, in the ACS Conference Room.

To register, or for more information, contact at 263-8091 or e-mail malissa.welch@zama.army.mil

AFTB AND AFAP / MOBILIZATION AND DEPLOYMENT PROGRAMS, 263-4783

The Army Family Team Building Program is designed to provide information, knowledge, and skills needed to gain better access to the community support programs provided to assist families throughout a soldier's career. Family preparedness and self-reliance is important to readiness because it provides peace of mind to deployed soldiers. The premise of the AFTB program is "volunteer family member" assisting other "family members." The Mobilization and Deployment Readiness Program provides support to commanders of Active and Reserve Component Forces and emergency essential civilians during predeployment, homecoming, mobilization, deployment, stability and support operations. Providing assistance to Family Readiness Groups,

conducting personnel training, operating a Family Assistance Center and a wide range of other services are among the services offered and available to the community.

• Video Teleconferencing

Video Teleconferencing is Now Available to many service members and their families. Deployments rank as the most challenging and chaotic times of military life. The degree of difficulty a family or individual faces can vary greatly. Time away from home is a by-product of military life. Deployments are a way of life for many, if not all, service members. Being far apart limits our ability to communicate. Army Community Service has a great way to connect over the miles. Video Teleconferencing is now accessible to deployed personnel and their family members.

• **The Army Family Team Building Program** will be conducting Community Level I Training on January 15 - 16, 8:45 am - 3:15 pm, at the ACS Community Room. Register for this training by calling ACS at 263-8327 by 9 January. Free daycare is provided, by calling the Zama CDC to reserve your "AFTB Training" slot.

COMMUNITY LIFE OFFICE 263-5550

The Camp Zama Community is always in need of volunteers to assist in various Quality of Life and community-wide events and everyday activities. To become a member in the exciting world of volunteerism, call Patricia Centeno at 263-5550 or stop by the ACS Community Life Office.

• Community Information Exchange Meeting:

This is an open forum for senior leader spouses, Family Readiness Group (FRG) leaders and community members. Command leaders and community representatives provide information and updates on community events and projects. This meeting is held the 4th Wednesday of each month. The next meeting will be held on 28 January in the ACS Community Room at 9 am.

H

oliday Hours.

The club will be closed on 1 January and will reopen on 3 January, regular scheule. Friday, 2 January, the club will open for continental breakfast at Cafe Roberto's 7 - 9 am. Closed for lunch but open for dinner 5 - 10 pm. The Firelight Lounge is open 4:30 pm - 3:30 am.

■ Camp Zama Community Club

(Map location 12)

• 263-4133

■ MONGOLIAN BBQ

EVERY Wednesday (except 24 and 31 December) in the ballroom, 5 - 9 pm. Reservations are welcome. USA Dining Room and Eda's Seafood and Fillet will be closed.

■ EDA'S SEAFOOD AND FILLET

Check out Eda's new menu. A touch of elegance, featuring quality meals and service. Dinners for as little as \$18.95! Something for everyone! Reservations are encouraged. Dress code is business casual; no tie or jacket required. Open Thursday and Sunday from 5 - 9 pm; Friday and Saturday from 5 - 10 pm.

■ USA BUFFET

Enjoy soup, salad, starches, vegetables, three entrees and dessert. For adults, \$9.95; ages 4 - 12, \$4.95; free for ages three and below. This is a family style all-u-can eat buffet. **Friday Night Only** from 5 - 10 pm.

■ BINGO PROGRAM

Bingo is back and the first game will be on Sunday, 18 January. Every Thursday and Sunday try out terrific games! Join the winner's circle with many others who have won our money giveaway. Maybe you will be one of the lucky ones to win our large cash pay out. But, you will never know unless you come out and try your luck. Don't worry about dinner; you can eat while you play.

• Firelite Lounge

Wed	
Karaoke	7 - 9 pm
Thursday	
Ladies Night	7 - 11 pm
Friday	
Variety	7 - 11 pm
Hip Hop	10 pm - 3:30 am
Sat Country	10 pm - 2:30 am
Sun Jazz	5 - 11 pm

C a m p Z a m a C o m m u n i t y C l u b

International Themed Brunches

Sunday between 10 am - 1:30 pm you can "dine in another country" with our themed brunches. Themes include Mexican, Mediterranean, Chinese, Japanese, German, etc. Delicious food accompanied by beautiful music to go with the theme of the day.

Adults: \$12.95
 Youth: 8 - 12: \$4.95 • 4 - 7: \$2.50 • 3 & under: FREE

... For more information, call 263-4133 ...



"GRAND PRIZE" DRAWING FOR HAWAII PACKAGE

REMINDER for all those individuals who won a door prize at the Community Club's "Tuesday Night Football Bosh" that the GRAND PRIZE drawing will be held:

Wednesday, 14 January 04, 4 pm, Community Club, Firelight Lounge

.....YOU MUST BE PRESENT TO WIN.....

The GRAND PRIZE package includes:

- two roundtrip airline tickets to Hawaii
- 4 nights lodging in a quality hotel
- \$400 to offset incidental expenses
- two tickets to the Pro Bowl Game on Sunday, 8 February

Winners must be prepared to depart on Friday, 6 February and return 11 February.

For further information, please phone 263-5995

LUNCH

Sunday Brunch

Monday - Closed

Tuesday

- 6 Chicken Provolone
 - Fried Pork Chop w/Chinese Sauce (Parkou Pork)
- 13 Beef Potato Croquettes
 - Teriyaki Chicken Breast
- 20 Chili Mac
 - Blackened Catfish
- 27 Baked Cod Mediterranean
 - Corned Beef w/Cabbage

Wednesday

- 7 Taco rice
 - Italian Sausage and Pepper
- 14 Pork Adobo
 - Baked Loco Salmon
- 21 Stuffed Green Pepper
 - Katsudon
- 28 Bulkogi
 - Chicken Cacciatore

Thursday

- 1 Closed
- 8 Chicken Fried Steak w/Gravy
 - Tonpourou (Brased Chinese Pork)
- 15 Gomoku Tofu
 - Baked Tuna Noodle Casserole
- 22 Italian Hamburger Steak
 - Fried fish Amazu Ankake
- 29 Shrimp Kakiage Donburi
 - Pork Chop Suey

Friday - Smorgasbord

- 2 Closed
- 9 • Chinese Chili Chicken
 - Baked Meat Loaf
 - Mashed Potatoes w/Gravy
- 16 • Chicken Con Fit
 - Beef Fajita
 - Mexican Rice
- 23 • Chicken Fricassee
 - Fried Fish Fillet
 - Roasted Potatoes
- 30 • Beef Pot Pie
 - Hawaiian chicken
 - Mashed Potatoes w/Gravy

Tuesday Night Dinner Special. Every Tuesday night, there is a \$2 discount from our regular menu except appetizers, the children's menu, and desserts (only on Tuesday's).

DINNER MENU

Sunday

- **2 for 1 Steak Night**
- **Limited Menu**
- **Fine Dining**

Monday - Closed

Tuesday

- **Regular Menu**
- **Pasta Item Menu**
- **w/NY Cheese Cake**

Wednesday

- **Mongolian BBQ**
- **Limited Menu**

Thursday

- **Regular Menu**
- **Chinese Item**
- **w/Kinshi Shumai or Spring Roll**

Friday

- 2 Closed
- 9 8oz New York Steak and

DINNER MENU

- 4oz Lobster Tail (\$19.95)
- Regular Menu
- Fine Dining
- 16 Seafood Feast (Kid's Menu Only)
- Eda's Fine Dining
- 23 8oz New York Steak and 4oz Lobster Tail (\$19.95)
- Regular Menu
- Fine Dining
- 30 8oz New York Steak and 4oz Lobster Tail (\$19.95)
- Regular Menu
- Eda's Fine Dining
- Saturday-**
- **Regular Menu**
- **Prime Rib Dinner (\$12.95)**
- **6oz Prime Rib and Stuffed Salmon (\$14.95)**

OTHER EVENINGS IN THE USA BUFFET DINING ROOM

- *Chef's Special on Tuesday, Thursday and Friday evenings plus regular menu.*
- *Prime Rib and Seafood Combo on Saturday.*
- *2 for 1 Steak Night every Sunday (good for "steak of the night" only)*
- *Our regular menu will be offered in addition to the above specials on Saturday night and modified menu on Sunday nights!*

Camp Zama Community Club

Seafood Feast

Advance Tickets:
 Adults: \$22.95
 Ages 8 - 12: \$13.95
 Ages 4 - 7: \$7.95
 Under 3: FREE

Friday, 16 January, 5 - 9 pm
in the Ballroom

Cut off date for advance tickets is 14 January. After the cut off date or at the door there will be an additional \$2. Tickets are available at the cashier's window.

S

agami Lounge

will be closed on the following dates:

1 - 4 January and 19 January
(closed for Martin Luther King, Jr. holiday).



S a g a m i L o u n g e

December Activities

- Friday, 9 January, 8 pm
70's and 80's Music w/DJ
- Friday, 16 January, 8 pm
Country Music w/DJ
- Friday, 23 January, 8 pm
70's and 80's Music w/DJ
- Friday, 30 January, 8 pm
Country Music w/DJ



■ Sagami Lounge • 268-4954/4847
(Map location 1) Orders: 268-4142

LUNCHES

SUNDAY

- 4 closed
- 18 Sunday Brunch

MONDAY

- 5 Chicken Cordon Bleu
- 12 Cheese Hamburg Steak
- 19 Closed
- 26 Sweet & Sour Pork

TUESDAY

- 6 Beef Steak
w/Soy Butter Sauce
- 13 Chicken Fajita
- 20 Grilled Chicken
w/Garlic Sauce
- 27 Beef & Green Pepper

WEDNESDAY

- 7 Meat Loaf w/Gravy
- 14 Porkchop Suey
- 21 Beef Stew
- 28 Hamburg Steak
w/Onion Gravy

THURSDAY

- 1 Closed
- 8 Teriyaki Chicken
- 15 Lasagna w/Garlic Bread
- 22 Pork Kushikatsu
- 29 Chicken Roll Cabbage

FRIDAY

- 2 Closed
- 9 Mixed Seafood Platter
- 16 Seafood Pot Pie
- 23 Mixed Seafood Platter
- 30 Bean & Cheese Enchelada

DINNER SPECIALS

TUESDAY NIGHT (LIMITED

MENU/DINNER SPECIAL - \$7.50)

- 6 Mexican Dinner Special
- 13 BBQ Dinner Special
- 20 Japanese Dinner Special
- 27 Pizza & Pasta Dinner Special

WEDNESDAY NIGHT

7, 14, 21, and 28 January,
draw your own discount

THURSDAY NIGHT (CHEF'S DINNER SPECIALS)

- 8 Japanese Dinner Special:
- 15 Italian Dinner:
- 22 Chef's Dinner Special:
- 29 French Dinner Special

FRIDAY NIGHT

- 9 Steak and Shrimp
- 16 Prime Rib Dinner
- 23 Steak and Shrimp
- 30 2 for 1 Steak Night

SATURDAY NIGHT

10, 17, 24, and 31 January,
Mongolian BBQ
17 January \$1 discount, (Mongolian
BBQ only)



■ Hob Nob Inn • 267-6372
(Map location 6)

HOB NOB NEWS

The Hob Nob Inn dining room in the Sagami-hara Housing Area is available for use for private parties, Monday through Saturday. Dates and times are available on a first-come, first-serve basis. Room deposits are required to hold the date. Please contact the Hob Nob Inn for your reservation at 267-6372.

MOVIE NIGHT

Every Wednesday, 4:30 - 11 pm.
New selected movies. Adults only.

KARAOKE NIGHT

Every Friday, 4:30 pm - 1 am. A great way to get together with your friends. Adults only.



Lifetime Sports & Recreation

Participate in any four of the following events/programs and receive a free Lifetime T-shirt. Participate in any four additional events/programs and receive a free Lifetime hat.

January Events

Sports Office (POC: Paul Stearns - 263-3954)

1. Three Point Shoot Out, 10 January, 1 - 4 pm, Yano Fitness Center, (POC Andy Abear, 263-7980)
2. After Holiday Abs Class, 8, 15, 21, 27 and 29 January, 11:30 am - 12:30 pm, (POC Joe Kumzak 263-4042)
3. "Lunchtime Conditioning", 5, 7, 12, 26 and 28, 11:30 am - 12:30 pm, at Yano Fitness Center, and on 14 January, noon - 1 pm, at Depot. (POC Joe Kumzak 263-4042)

Outdoor Recreation (POC Ms. Yukiko Takahashi - 263-3311)

1. Bird Walking, Saturday, 17 January
2. Winter Classic Trout Derby, Saturday, 24 January
3. Tanabara Ski Resort, Saturday, 31 January

Library (POC: James Lacombe - 263-5267)

Read a Book (adult = 1 book / minimum of 300 pages;
child 6 - 14 = total of 14 easy or 300 pages of fiction or non fiction)

Arts & Crafts (POC Yoshio Nodera - 263-4412)

1. Wood Shop Orientation, January 8, 15, 22, 29 at 4 pm and 10, 17, 24, and 31 at 10 am. No fees.
2. Framing Orientation, January 7, 14, 21 and 28 at 6 pm; class fee is \$10. (does not include material).

Community Cultural Center (POC Freddie Clark - 263-3939)

1. Piano Lessons, Mondays, Thursdays, Fridays, noon - 6 pm
2. Violin Lessons, Tuesdays, Thursdays, noon - 6 pm
3. Hula Lessons, Mondays, Thursdays, 5 - 8:45 pm
4. Jazz Dance Lessons: Wednesday, 4:30 (children 4 - 6), 6 pm (children 7 and older)
5. Ballet Lessons, Fridays, 4:30 - 8:45 pm
6. Gamers Gathering: play Warhammer 40,000, Necromunda, Warhammer Fantasy Battle, Mordheim Silent Death, Trinity Battleground, and others. Doors open at 9:30 am.

Auto Crafts (POC Frank Bordenave - 263-3615)

1. Ladies Day, 14 January, 4 - 5:30 pm
2. Basic Auto Wiring, 14 January, 4 - 5:30 pm
3. Charging the System (The Battery), 28 January, 4 - 5:30 pm

The MWR web page is: <http://www.mwrjapan.jp.pac.army.mil/>



Y

oga Class.

Hatha Yoga is now offered on Mondays, 10 - 11:30 am, at the Yano Fitness Center Cardio Room. Meditative Yoga is also offered on Wednesdays, 5 - 6:30 pm, at the Army Community Service Building. The cost is \$6 per class or \$20 per month (Monday or Wednesday). Sign-up at the Yano Fitness Center front desk or phone 263-4664.

■ Sports Office • 263-3954 (Map location 36)

SPORTS

• **Three Point Shoot Out**

There will be a Three Point Shoot Out on 10 January, 1 pm, at the Yano Fitness Center. The event is open to all (18 years of age or older and not in high school). There is no fee for this event. Awards will be presented to the 1st and 2nd place finishers. Please register at the Yano Fitness Center issue counter by Saturday, 10 January, 12:30 pm. There will be Men's and Women's Divisions. For additional information, please call Andy Abear, Sports Office, 263-7980, or e-mail:

Andrew.Abear@zama.army.mil

AQUATICS

• **Pool Hours**

Yano Pool, 263-5037
Mondays through Fridays,
6 am - 6 pm

Saturdays, Sundays, holidays

10 am - 6 pm (unless otherwise posted)

• **Lifeguard Training Course**

scheduled for February (conducted by Camp Zama Sports, Fitness and Aquatics Branch). Please contact Kimberly Bailes, Aquatics Director (263-5656).

• **February Learn-to-Swim**

Program is just around the corner! Youth and adult swimming classes will be offered. Contact Kimberly Bailes, Aquatics Director (263-5656).

• **Pool Party Reservations**

If you are considering a pool party please submit a "Pool Party Reservation Request" to the Aquatics Director at Yano Fitness Center NO LESS THAN two weeks in advance of the date being requested. Forms are available at Yano Fitness Center. Forms can be faxed to you at your request. Open dates can be verified by phone, however, a reservation is not officially accepted until the form has been submitted, the reservation date and time confirmed for availability by the Aquatics Director, availability of staff assessed (for after hours pool parties specifically), and the Aquatics Director approves the request. For more information, contact Kimberly Bailes, Aquatics Director, 263-5656.

• **Training Reservations for Swimming Pool**

If you are considering utilizing any of the pools for unit PT, Water Survival Training, or any other structured training program, then you will need to submit a "Pool Training Reservation Request" to the Aquatics Director at Yano Fitness Center. For reservations at the Yano pool, submit your reservation request preferably two weeks in advance but NO LESS THAN one week. For reservations at SHA or Depot pools, submit the reservation request NO LESS THAN two weeks in advance. Forms can be faxed to you at your request. Open dates can be verified by phone, however, a reservation is not officially

accepted until the form has been submitted, the reservation date and time confirmed for availability by the Aquatics Director, availability of staff assessed, and the Aquatics Director approves the request. For more information, contact Kimberly Bailes, Aquatics Director, at 263-5656

TANNING BOOTH AND AQUA MASSAGER ARE AVAILABLE FOR USE

- **Tanning Booth**

\$2.50/visit, \$20 for 10 visits, \$35 for 20 visits

- **Aqua Massager**

\$12 for 15 minutes

- **Jacuzzi, Steam Room and Sauna**

The jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings, the jacuzzi is closed for maintenance.

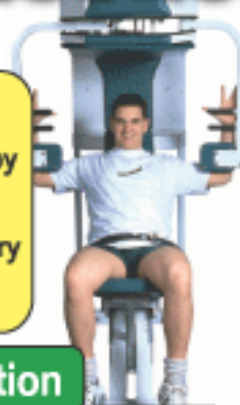
- **Massage Therapist**

"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Call the front desk at 263-4664 for an appointment. The cost is \$35 an hour or \$25 for 30 minutes

FITNESS CLASSES

Lunchtime Conditioning

An excellent alternative to the normal fitness routine. Condition your body with various exercises and stretching. The class is taught by a certified professional trainer. This class is a lot of fun and people of all fitness levels can participate. This class is free. Dates for January are 5, 7, 12, 26 and 28, 11:30 am - 12:30 pm, and on 14 January, noon - 1 pm, at Depot.



Exercise Orientation

Start your exercise and fitness program the right way by learning how to properly use the variety of equipment available. Classes will be held on 7 and 21 January, 2 - 4 pm. Please phone for additional information.



"After Holiday" ABS Class

Learn new abdominal exercises and have the best abdominal workout ever. This is a very enjoyable way to train your abs (led by a certified professional trainer). This class is free. Dates for January are 8, 15, 21, 27 and 29, 11:30 am - 12:30 pm.

For information for the fitness classes, phone Joe Kumzak at 263-4042.



BIG Kahuna

Bench press competition

*Open to all SOFA status personnel & their dependents and local national employees.

*For more info, please contact the sports office at 263-4664.


Men & Women Divisions


10 am
Saturday
7 February



Y A N O F I T N E S S C E N T E R

T

he Crafts Store.

The Crafts Store at the Arts and Crafts Center has many products for your crafts and fine arts needs. Choose from our Washi paper, rubber stamps, ceramic supplies, oil and acrylic paints, polymer clays, tea boxes, plywood and more.

■ Arts and Crafts • 263-4412

(Map location 3)



LIFETIME FITNESS AND RECREATION

See page 12 on more details.

WOODWORKING

Thursday, 6 - 6:30 pm and Saturday, 10 - 10:30 am. DA 3031, qualification card is issued after the safety orientation. No fee.

FAMILY TIME PROGRAM

Almost any class given at the Arts and Crafts Center can be scheduled

for your convenience. Let us program some classes on Wednesday afternoon for you and your family.

SERVICE

• Balloon Shop

Helium filled mylar balloons range from \$2.75 to \$3.75. Latex of many colors are 75¢ to 85¢. For better service, place your order in advance.

CUSTOM PICTURE FRAMING

All orders are completed on a first come, first served basis. We have a variety of moulding, mat boards, design colors and styles for you to choose from.

PRINT SHOP

• Screen Printing and Heat Transfer Printing

We carry heavy weight 100% cotton t-shirts. We will special order colors, size and style of shirts based on your request. All orders completed on a first come, first served basis.

INSTRUCTORS NEEDED

The Arts and Crafts Center is looking for Washi paper, Ikebana, Water Color & Acrylic Paint, Stained Glass, Photography, Custom Framers and various arts instructors. For more information, please contact Mr. Nodera at 263-4412.

..... ARTS CLASSES

Woodworking	Thursday Saturday	6 - 6:30 pm 10 - 10:30 am	No fee No fee
Ceramics	Thursday	6 - 8:30 pm	\$5 plus materials
Pottery			
Basic Course	Saturday	2 pm	\$10 plus materials
Advance Course		Appointment only	\$10 plus materials
Framing			
Basic	Wednesday	6 - 8 pm	\$10 plus materials
Advance & Refresher		Appointment only	\$10
Textile Arts	Thursday (1, 2 and 3rd)	5 - 7 pm	\$15
Japanese Dough Art	Friday	2 - 4 pm	\$10 plus materials
Tole Painting	Thursday	3 - 5 pm	\$15

All classes and orientation require registration in advance at the Arts and Craft Center.

■ Community Cultural Center • 263-3939

(Map location 13)

CLASSES

The Community Cultural Center offers the following instructional classes.

• Piano Lessons

Piano lessons are conducted each Tuesday, Wednesday, Thursday and Friday. Classes are instructed by Ms. Iishi and Ms. Noda. The cost is ¥6,500 per month.

• Violin Lessons

Violin lessons are held on Thursdays and instructed by Ms. Noda. The cost is ¥6,500 per month. Effective 1 February, to 30 June, Ms. Noda's piano and violin classes will not be conducted. Classes will resume on 1 July. We thank you in advance for your understanding.

• Koto Lessons

Koto lessons are offered each Tuesday and are instructed by Ms. Kawasaki. The cost is ¥8,000 for adults and ¥7,000 for children per month.

• Hula Dance Lessons

Hula dance lessons are held on Mondays and Thursdays and are instructed by Mr. Roger Pueblos. The cost is \$50 per person or \$35 per person for more than one person from the same family.

• Jazz Dance Lessons

Jazz dance lessons are offered each Wednesday and are instructed by Ms. Chilson. The cost is \$35 per month for children 4-6 years of age and \$40 per month for those above seven years of age.

Facility Reservations: Looking for a place to conduct your training sessions, ceremonies and briefings. The Community Cultural Center is just the place. For more information, call 263-3939.



■ Academic Training Division • 263-5633/3992

(Map location 17)

COLLEGE REGISTRATION

For Term III will be conducted 5 - 16 January, for the University of Maryland University College and Central Texas College.

Education Center (for TA):

263-3015

University of Maryland:

263-5379

Central Texas College:

263-5228

JAPANESE HEADSTART

This free course is mandatory for all military personnel assigned to Camp

Zama. Learn about Japanese customs, culture, and language. Adult family members and DACs are encouraged to attend. To enroll, please telephone 263-5311/3015.

Course period:

5 - 9 January

20 - 26 January

Time:

8 am - 4:30 pm

(Lunch: noon - 12:45 pm)

FREE JOB SKILLS DEVELOPMENT CLASSES

Hurry and sign up before seats fill

up for the Microsoft Office classes listed below. Adult family members and Army civilians have priority, but other adults are eligible to take the classes on a space available basis.

The following classes will be offered in January:

6 - 7 January

Intermediate PowerPoint

13 - 14 January

Intermediate Excel

27 - 28 January

Beginning Word Essential

(Tuesday and Wednesday, 8:30 am - 4:30 pm)

■ Chapel Activities • 263-4898 (Map location 8)

CATHOLIC SERVICES

Mondays - Thursdays, noon - 12:15, daily mass, Blessed Sacrament Chapel

Sundays, 9:15 am, mass, Zama Chapel

Sunday, 11 am, CCD, Religious Education Center

1st Sunday, 5 pm, Parish Potluck, Religious Education Center

2nd Monday, 6 pm - 7:30 pm, Catholic Women of the Chapel, Fellowship Room

PROTESTANT SERVICES

Sundays, 9:30 am, Sunday School, Religious Education Center (Bldg. 278)

Sundays, 11 am, Worship Service, Zama Chapel

Sundays, 5:30 pm, Youth Group

A nursery is provided for children up to three years old at Zama CDS, Bldg 502, during the time of Sunday Services only.

SAGAMIHARA INSPIRATIONAL SERVICES

Sundays, 9 am, Sunday School, SagamiHara Chapel

Sundays, 10:30 am, Worship Service, SagamiHara Chapel

Wednesdays, 7 pm, Bible Study, SagamiHara Chapel

LUTHERAN SERVICES

Sundays, 9 am, Worship Service, SHA Chapel

DEPOT SERVICES (PROTESTANT)

1st and 3rd Sundays, 10 am, Worship Service, Sagami Depot Chapel

SEVENTH DAY ADVENTIST SERVICES

Saturday, 9:15 am, Sabbath Worship Service, Zama Chapel

Wednesday, 6:30 pm, Prayer Meeting Service

Friday, 6:30 pm, Vespers Service, contact Mr. Gilman at 263-9004 (W) or 046-293-0156 (H)

JEWISH SERVICES

2nd and 4th Friday, 5:30 pm, Yokosuka Naval Base Chapel. Call 243-9511 (LCDR Gersh) for details.

ON GOING BIBLE STUDIES

Sundays 2 pm, Experience Old Testament - VCR-TV, Religious Education Center, Ben Salinero, 263-3345

Tuesdays, 9:30 am, "Breaking Free" by Beth Moore, Zama chapel, Carlota Ohura, 0426-74-5605) or Debra Powers (263-7994)

Tuesdays, 7 pm, 634 SHA, LTC Montgomery, 267-6178

Wednesdays, 7 pm, Bible Study,

SHA Chapel, CH Caldwell, 268-4242

Tuesdays, 9 am, PWOC Bible Study, Zama Chapel, Kim Twigg, 267-6151

Thursdays, 6 pm, Bible Study, Zama Chapel, Kim Twigg, 267-6151

CHAPEL ACTIVITIES IN JANUARY 2004

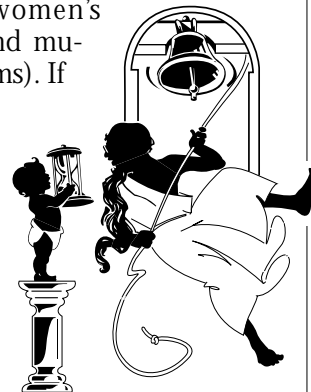
January 6, PWOC Board Meeting, Camp Zama

January 7, 11:30 am, Parish Council Meeting, Zama Chapel

January 9 - 11, Married Couples Retreat, New Sanno

January 18, 2 - 4 pm, PWOC Fellowship, Zama Chapel

The Zama Chapel community has many other programs for you and your family (bible studies, youth groups, men's groups, women's groups, and music programs). If you desire more information, please call the chapel at 263-4898.



V

olunteers.

The Auto Craft Shop is always looking for volunteers who have some automotive / mechanical background. Please stop by the shop for more information on how you can give back to the military community. Volunteer application forms may be picked up at the Red Cross Office or the Army Community Service (ACS) building.

■ Auto Craft Shop • 263-3615

(Map location14)

HOURS OF OPERATION:

Monday and Tuesday - CLOSED
Wednesday - Friday
1 - 9 pm
Saturday - Sunday
10 am - 6 pm

PLEASE NOTE:

- Wednesday - Friday clean up starts a half hour before closing.
- Sunday clean up starts one hour before closing.

CLUBS

Anyone interested in starting a Motor Sports Club? There are a lot of racing events happening year round in Japan. Please contact Mr. Frank Bordenave at 263-3615.

SAFETY ORIENTATION

DA 3031-1 Qualifications Card for

use of the Auto Crafts Shop is issued after a safety orientation given daily 15 minutes after opening and again at 5 pm on weekdays. The weekend safety orientation is given 15 minutes after opening and again at 2 pm. This briefing is required before facility use.

The Auto Crafts staff is ready and able to help you on your way to more independent motoring. We encourage you to call or stop by to discuss your vehicle needs. With our support, you will find most basic maintenance is well within your capability. Improve your quality of life and get the satisfaction of doing it yourself while enjoying significant savings.

CLASSES

• Ladies Day

Ladies, have you ever wanted to repair your car but just did not know how? Your Camp Zama Auto Craft is pleased to offer Ladies Day. On 3 December, you will receive personalized instruction and assistance to repair and keep your vehicle in top running shape. The personalized service is free; all you pay is a nominal facility usage fee. Phone 263-3615 for an appointment.

LIFETIME FITNESS

See page 12 on more details.

SERVICES

• Used Vehicle Courtesy Inspection

We offer a 20 point courtesy inspection for soldiers and eligible personnel who are considering the purchase of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying it. We do not make recommendations or give guarantees. Inspections are done by appointment only.

• Towing Service and Roadside Assistance.

We offer a towing service and roadside assistance Wednesday through Sunday. Call for rates and more information.

CLASS

NEW

JANUARY SCHEDULE:

14 Jan, 1 - 9 pm	Ladies Day at the Auto Craft Shop
14 Jan, 4 - 5:30 pm	Basic Auto Wiring
28 Jan, 4 - 5:30 pm	Charging System (The Battery)

In January, there will be a series of automotive classes offered on a variety of subjects. The classes will be held from 4 - 5:30 pm every Wednesday at the Auto Craft Shop or the Community Culture Center. The courses offered will be taught by an ASE certified technician. Please look for the course schedule booklet for class descriptions. This series of instruction is highly recommended for those wanting to know the basics of automotive systems and for those looking for advanced training. Stop by the Auto Craft Center or call 263-3615 to sign up. At the end of the series, all those who have attended four or more of the courses will have an opportunity to drive a racing go-kart.

For more information, phone Frank Bordenave at 263-3615.

CAR WASHES

New car washes are located at Sagamihara Housing and Camp Zama

PRICES:

- Water Wash: ¥300
- Soap Wash: ¥500
- Wash & Wax: ¥600

LOCATIONS AND HOURS

Camp Zama: Auto Crafts Shop, Bldg 621

- Mon - Tue: 8 am - 4:45 pm
- Wed - Fri: 8 am - 8:45 pm
- Sat - Sun: 10 am - 5:45 pm

Sagamihara Housing Area: 24 hours

- Behind the SHA Gym Annex, Bldg S-126

Sagami General Depot: 24 hours

- Next to the AAFES Gas Station

Prepaid Cards

¥3,500 for ¥3,000

Prepaid Cards for the "New" Car Washes are for sale at the Zama Auto Craft Shop. The cost is ¥3,000 for ¥3,500 worth of washing! Ask Auto Craft Shop personnel for more information. Avoid the hassle of having to get change.

Y

atsugatake Ski Resort.

Saturday, 10 January

Depart: 5 am

Return: 8:30 pm

A/Y/I: \$23 (bus transportation only).

This resort is geared towards beginner and intermediate skiers/snowboarders, but also offers some challenging slopes for those at an advanced level. This is a great opportunity to improve your ski/snowboard skills at a price you can't beat!

Price Codes, unless otherwise indicated.

A=Adults (13 & up)
Y=Youths (3-12)
I=Infants (2 & under)

Prices and schedules are subject to change without notice.

Zama Local Tours • 263-4671 (Map location 31)

ICE SKATING AND GREENWAVE PARK

Sunday, 4 January

Depart: 8:30 am • Return: 3:30 pm
A/Y/I: \$2 (bus transportation only).

This tour will take you right outside Camp Zama's backyard to an ice skating rink where you can "fly away" on the ice. Next, it's off to Greenwave Park, where you can sit and relax and have lunch.

ZOO-RASIA

Saturday, 10 January

Depart: 9 am • Return: 3 pm

A: \$9 • Y (6-12): \$5 • I (5 and under): \$3 (zoo admission and bus transportation).

Come with us to Yokohama's Zoo-Rasia and explore areas such as the Asian Tropical Forest, Subarctic Forest, Oceanian Grassland, Central Asian Highland, and the Japanese Countryside! In each area you will find polar bears, elephants, tigers, monkeys, kangaroos and other exotic animals.

YOKOHAMA'S NEW YEAR FIREMAN BRIGADE AND MINATO MIRAI 21

Sunday, 11 January

Depart: 8:30 am • Return: 4:30 pm

A: \$13 • Y: \$9 • I: \$5 (bus transportation only).

The Fire Brigade Parade, known as Dezomeshiki, is a traditional Japanese New Year event. Each year, various daredevil acrobatics and contests are

featured. After the festival, you can visit museums, an amusement park, the Landmark Tower, Queens Square, World Porters and more.

TAMA TECH

Sunday, 11 January

Depart: 9 am • Return: 5 pm

A/Y: \$6 • I: \$3 (bus transportation only).

Enjoy a fun day at Tama Tech! There are over 20 rides like the Formula GP, Canadian Jet Rider, Super Sky Rider, Hyper Kart, Roadster, Ball Paradise and Space Shot. This is a place for the entire family to enjoy.

HELLO KITTY LAND

Saturday, 17 January

Depart: 9 am • Return: 6 pm

A/Y: \$6 • I: \$3 (bus transportation only).

Sanrio Puroland, also called "Hello Kitty Land", is an indoor theme park that has seven attractions and three restaurants. Both the young and the young-at-heart will enjoy the live shows, seasonal events, and seeing the many popular characters, attractions and parade.

BIRD WALKING WITH SUSAN

(Mineyama and Katsuzaka Park)

Saturday, 17 January

Depart: 9 am • Return: noon

A: \$5 • Y/I: \$0 (guide only).

Pack a snack and get out and see nature's finest! Susan Ishida, Advisor, Japanese Society for the Preservation of Birds, will be leading you on this walk to the local parks. Susan's energetic personality and vast knowledge of birds and nature will surely make this walk enjoyable and unforgettable.

YOKOTA SHOPPING

Sunday, 18 January

Depart: 8 am • Return: 4:30 pm

A/Y: \$6 • I: \$3 (bus transportation only).

The Yokota PX is two stories high and you will find a variety of things like electronics and clothes and places like the commissary, Cinnabon, A&W,

NAEBA OVERNIGHT SKI TRIP

18 - 19 JANUARY
DEPART: 4 AM (SUNDAY)
RETURN: 7:30 PM (MONDAY)



Enjoy your holiday with two days of skiing / snowboarding at Naeba, located in the scenic Niigata Prefecture! Overnight accommodation will be at the Naeba Prince Hotel.

Single Room Adult (18 & up): \$245 Two Person Room Adult (12 & up): \$165 each Youth (4 - 11): \$139 each	Three Person Room Adult (12 & up): \$165 each Youth (4 - 11): \$169 each	Four to Five Person Room Adult (12 & up): \$185 each Youth (4 - 11): \$139 each Child (3 & under): \$55 (no bed, no meals & no lift tickets)
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Charlie's Steakery, Pretzel Mania, Taco Bell and more!

TOSHIBA SCIENCE MUSEUM AND KAWASAKI DAISHI TEMPLE

Monday, 19 January

Depart: 9 am • Return: 4:30 pm
A: \$8 • Y: \$5 • I: \$3 (guide and bus transportation).

The Toshiba Science Museum exhibits various kinds of the latest electric and electronic products and features exhibits which are easy to understand. The Kawasaki Daishi Temple was built in the 12th century by a priest named Kobo Daishi, who made it his lifelong goal to work for the benefit and welfare of his fellow compatriots.

FUJITEN SKI RESORT

Saturday, 24 January

Depart: 6:30 am • Return: 6:30 pm
A/Y/I: \$19 (bus transportation only).
Welcome all families! Travel to Fuji Tenjinyama Ski Resort located at the foot of Mt. Fuji. There are seven courses for all skiing levels with good snow conditions. You can enjoy skiing with a great view of Lake Kawaguchi, one of the famous Fuji Five Lakes.

PALLET TOWN AND EDO-STYLE HOT SPRING

Saturday, 24 January

Depart: 1 pm • Return: 11:30 pm
A: \$39 • Y (4 - 12): \$25 • I (3 and under): \$15 (hot spring admission, guide and bus transportation).
Palette Town in Odaiba houses one of the largest ferris wheels in the world and has many attractions, restaurants and shops. After enjoying the day at Palette Town, relax at a new onsen.

ODAWARA CASTLE AND ENOSHIMA ISLAND

Sunday, 25 January

Depart: 8 am • Return: 4:30 pm
A (16 and up): \$19 • Y (6 - 15): \$15 • I (5 and under): \$9 (castle admission, guide and bus transportation).
Odawara Castle was originally constructed in 1501. The present castle was reconstructed in 1960 from original models and blueprints. After visiting the castle, view Enoshima Island's scenery or visit the nearby Shonan Beach or Enoshima Marineland.

TOKYO INTERNATIONAL QUILT FESTIVAL

Sunday, 25 January

Depart: 8:30 am • Return: 5 pm
A/Y: \$12 • I: \$5 (bus transportation only).

The International Quilt Festival is being held at Tokyo Dome. More than 300 masterpieces from America, England, Ireland, Wales, Korea and other countries will be exhibited.

TANBARA SKI RESORT

Saturday, 31 January

Depart: 4 am • Return: 9 pm
A/Y/I: \$25 (bus transportation only).
Tanbara ski resort is located in nearby Gunma Prefecture and is suitable for everyone. Tanbara is well-known for having good snow conditions from early-December to late-April!

NHK STUDIO PARK AND ROPPONGI HILLS

Saturday, 31 January

Depart: 8:30 am • Return: 6 pm
A: \$21 • Y/I: \$15 (guide and bus transportation).

NHK Studio Park is a broadcast theme park where you will experience the broadcasting world. Next, it's off to the new, chick Roppongi Hills. Filled with shops, restaurants, cafes, a movie theater, an arena and gardens, this is the "place to be."

Outdoor Recreation • 263-4671 (Map location 31)

RENTAL SKIS AND SNOWBOARDS

To ensure that you have a great ski trip, please make your equipment reservations three days prior to the pick up date and we will guarantee availability, correct size and safety setting. The full rental fee is required when you make your reservation. Daily rental fees: ski set \$16 (skis, boots, poles), snowboard set \$18 (snowboard, boots), ski rack \$5, and bib pants \$5.

WINTER DRIVING TRAVEL PLANS

Explore winter in Japan with an affordable eight-passenger, \$50/day

rental fee + refueling, (toll tickets provided). Reserve snow chains, rental ski racks or a luggage rack when reserving a van, \$5 a day! Cargo trucks/vans are also available. Reservations: Active duty at Zama/SHA/Sagami Depot up to 45 days prior to the pick up date, Civilians at Zama/SHA/Sagami Depot - 40 days. All other reservations - 30 days. Full rental fee is required upon reservation.

CARING KENNELS

Our caring staff will assure that your pets get the special care they need while you are away on vacation or TDY. Daily fees are \$15/dog kennel and \$10/cat kennel. PCS status has

priority. Call Thomas at 263-5915 for reservations and information.

INSTRUCTORS WANTED

Dog Obedience, Kayaking, Canoeing, Rock Climbing, Hiking, Ski, Snowboard - the sky is the limit!!

GREEN THUMB

Check on us for availability of rental garden plots in Zama. (\$25/year rental fee per plot and \$50/plot cleaning fee is required). New registration will be taken 1 - 29 February, first-come first-serve basis. 2003 customers who return clean plots will be refunded the cleaning deposit during February.

S

tory Hour is every Tuesday, 10 am, at the Sagamihara Library. Interested in being a volunteer storyteller? Please call 263-5267.

■ Community Libraries • 263-3517 (Map location 17)

ON-LINE RESEARCH TOOL

Try our on-line research tools First Search, OCLC, and Facts on File to search for the information you need. Stop by the library and discover a world of information at your fingertips.

E-BOOKS

(The electronic version of the printed book). Read, browse or check it out. Over 2,000 titles are available on subject areas such as military, business, computer science, psychology, and religion. Everyone is eligible. Use at the library or use at home. Stop by the Zama, SHA or Depot Library to apply for a personal E-book account today. We require 24 hours to set up an account.

NEW MCNAUGHTON BOOKS

• The Five People You Meet in Heaven by Albom, Mitch

- Madam Secretary by Albright, Madeleine Korbel
- Split Second by Baldacci, David
- Kate Remembered by Berg, A Scott
- Ten Rings by Berra, Yogi
- Useful Idiots by Charen, Mona
- Popped by Clark, Carol Higgins
- Our Lady of the Forest by Guterson, David
- The Present by Johnson, Spencer
- The Cat Who Killed Lillian Jackson by Kaplow, Robert
- The Ultimate Weight Solution by McGraw, Phillip
- Come Armageddon by Perry, Anne
- The Devil's Banker by Reich, Christopher
- Remember When by Roberts, Nora
- The Wedding by Sparks, Nicholas

CHECK OUT OUR WEB SITE

<http://www.usarj.army.mil/information/zama/mwr/library/index.htm>

■ Torii Station, Okinawa MWR Activities • 644-4703 (Map location page is)

Sponsorship does not imply endorsement by the U.S. Government.

■ Directory of MWR Facilities & Additional Activities

DIRECTORATE OF COMMUNITY ACTIVITIES

263-7611

Army Community Services Branch

- **Army Community Services** 263-8327
 - Mon, Wed & Fri 0730-1630
 - Tue & Thu 0730-1730

ZAMA Golf Club

- Administrative Office** 263-4224
263-4966
- (All the following golf activities are open during lunch.)*
- Course/Starter** 263-4975
 - Mon-Fri 0800-Dark
 - Sat, Sun & Hol 0700-Dark
- Restaurant** 263-4328
 - Mon-Fri 0630-1700
 - Sat, Sun & Hol 0600-1700
- Pro Shop** 263-5284
 - Mon-Fri 0715-1500
 - Sat, Sun & Hol 0615-1500
- Driving Range** 263-4565
 - Tues-Sat 1200-2030
 - Mon (No Attendant) 1200-2030
 - Sun 1600-2000
- Bar**
 - Mon-Fri 1100-1700
 - Sat, Sun & Hol 0615-1700
- Chip Inn & Snack Stand**
 - Mon-Fri 0745-1530
 - Sat, Sun & Hol 0730-1530

Community Operations Division

- **ADMINISTRATIVE OFFICE** 263-4452
263-5614
- **BOWLING CENTER ZAMA** 263-4780
 - Mon - Wed & Sat 1100-2000
 - Thu & Fri 1100-2230
 - Holidays 1100-1700
- **BOWLING CENTER DEPOT** 268-4954/4606
 - Tue - Sat 1100-2000
 - Sun - Mon Closed
- **ZAMA COMMUNITY CLUB** 263-4133
 - Lunch**
 - Tue-Thu 1045-1315
 - Sunday Brunch 1000-1330
 - Cashier & Game Rooms**
 - Sun-Thu 1000-2300
 - Fri 1000-0230
 - Sat 1000-0330
 - Catering** 263-4204
 - Tue, Thu & Fri 0930-1730
 - Wed Appts Only
 - Café Roberto**
 - Tue-Thu & Sun 1100-2200
 - Fri 1100-0100
 - Sat 1100-0100
 - Cornerstone Game Room (no bar)**
 - Tue-Thu & Sun 1000-2300
 - Fri 1000-0330
 - Sat 1000-0230
 - Eda's Seafood & Filet**
 - Thu & Sun 1700-2100
 - Fri & Sat 1700-2200
 - Firelite Lounge**
 - Sun, Tue-Thu 1630-2300
 - Fri 1630-0330
 - Sat 1900-0230
 - USA Dining Room**
 - Tue, Thu & Sun 1700-2100
 - Wed Closed
 - Fri-Sat 1700-2200
 - **HOB NOB INN** 267-6372
 - Lounge & Game Room**
 - Mon, Tue & Thu 1630 - 2100
 - Wed 1630 - 2300
 - Fri 1630 - 0100
 - Sat 1900 - 0100
 - Sun Closed
 - Restaurant (Closed)**
 - **SAGAMI LOUNGE** 268-4954

Take Out 268-4142

- Lunch** Mon-Fri 1100-1300
- Dinner** Tue-Sat 1700-2000
- Lounge/Game Room**
 - Tue-Thu 1100-2200
 - Fri 1100-2400
 - Sat 1630-2300
 - Open during lunch

Community Recreation Division

- **ADMINISTRATIVE OFFICE** 263-7935
- **ARTS & CRAFTS CENTER** 263-4412
 - Mon-Tue Closed
 - Wed-Thu 1300-2100
 - Fri, Sat & Sun 1000-1800
 - Open during lunch
- **AUTO CRAFTS SHOP** 263-3615
 - Mon-Tue Closed
 - Wed-Fri 1300-2100
 - Sat-Sun 1000-1800
- **COMMUNITY CULTURAL CTR** 263-3939
 - Mon-Fri 0900-2045
 - Sat, Sun & Hol Closed
 - Open during lunch
- **INTERNATIONAL TOURS** 263-5273
 - Mon-Fri 1000-1800
 - Open during lunch
- **LIBRARY** 263-3517
 - Zama**
 - Mon-Thu 1000-2030
 - Fri-Sun & Hol 1000-1800
 - Open during lunch
 - Depot** 268-4523
 - Tue-Thu 1100-1900
 - Fri & Sat 0900-1700
 - Sun, Mon & Hol Closed
 - Open during lunch
 - Sagamihara** 267-6603
 - Tue-Thu 1000-1900
 - Fri-Sat 0900-1800
 - Sun, Mon & Hol Closed
 - Closed for lunch 1400-1500
- **OUTDOOR RECREATION** 263-4671
 - Vehicle Rental/Equipment Rental**
 - Mon-Fri 0900-1730
 - Sat-Sun 0800-1600
 - Holidays 1000-1400
 - Open during lunch
 - Local Tours** 263-4671
 - Mon-Fri 0900-1730
 - Holidays 1000-1400
 - Open during lunch
 - Animal Boarding Kennels** 263-5915
 - Mon-Fri 1000-1700
 - Sat-Sun, Holidays 1000-1600
 - Closed for lunch 1230-1330
- **POOLS** 263-5656
 - YANO**
 - Mon-Fri 0530-1800
 - Sat-Sun, Holidays 1000-1800
 - SHA**
 - Mon-Sun 1200-1800
 - DEPOT**
 - Wed-Sun 1200-1800
- **SPORTS/FITNESS CENTER** 263-4664
 - Zama**
 - Mon-Fri 0530-2030
 - Sat-Sun, Holidays 1000-1800
 - Open during lunch
 - Sagamihara**
 - Open 24 hours
 - Depot** 268-4729
 - Mon-Fri 1100-2000
 - Sat & Sun 1000-1700
 - Open during lunch

Child and Youth Services Branch

- **ADMINISTRATIVE OFFICE** 263-5701
- **Child & YS Coordinator** 263-8086
- (All the following CDC facilities are open during lunch.)*

- Central Registration** 263-4743
 - Mon-Fri 0730-1630
- Depot Dev Group Home** 268-4625
 - Mon-Fri 0830-1730
- Sagamihara CDC** 267-6564
 - Mon-Fri 0530-1800
- Zama CDC** 263-4992
 - Mon-Fri 0530-1800

■ YOUTH SERVICES

- Depot Youth Center** 268-4625
- Zama Youth Center** 263-4500
 - Mon-Thu 1430-1930
 - Fri-Sat 1200-2100
 - Sun Closed
- School Age Services (SHA)** 267-6317
 - Mon-Fri 0630-1800
- Youth Sports** 263-5437
 - Tue-Sat 0900-1800
 - Open during lunch

Services Division

- **ADMINISTRATIVE OFFICE** 263-5962

Zama Lodging

- **ADMINISTRATIVE OFFICE** 263-3293
- Reservation Desk** 263-2775
- Front Desk** 263-3830
 - Open 24 hours/7 days a week

USAG-J Okinawa MWR

■ DIRECTOR COMMUNITY ACTIVITIES

- 644-5396

■ ARMY COMMUNITY SERVICE

- Director** 644-4110
- Receptionist** 644-4175
- Relocation Coordinator** 644-4385
- Outreach/Volunteer Coordinator** 644-4116
- Finance/Consumer Affairs/AER** 644-4378
- School Liaison Officer** 644-4908
- Family Advocacy** 644-4106
- AF TB / AFAP Manager** 644-4743
- **ARTS & CRAFT CENTER** 644-4303
 - Lobby** 644-4706

■ CORAL COVE COMMUNITY CLUB

- Business Manager** 644-4894
- Lounge** 644-4306
- Cashier Cage** 644-4426
- Kitchen** 644-4505

■ LIBRARY

- Staff Room** 644-4468
- 644-5335**

■ MARKETING

- Commercial Sponsorship** 644-4495
- Graphic/Illustration** 644-4665

■ MOVIE THEATER

- 644-4381

■ SPORTS/OUTDOOR REC

- Customer Svc/Pavilion Rental** 644-4144
- Sports Specialist** 644-4334
- Event Coordinator** 644-4797
- Swimming Pool** 644-4169
- Scuba Locker** 644-4389
- Retail Sales** 644-4795
- Equipment Issue** 644-4290
- Parks, Picnic & Beach** 644-4263
- 644-4698

Kure Harbor Club

- **MWR Office** 0800-1630 256-2580
256-2581
- **Outdoor Recreation** 0900/1700 256-2575
- **Dining Room**
 - Mon-Fri (Breakfast) 0700-0830
 - Mon-Fri (Lunch) 1130-1300
 - Tue-Sat (Dinner) 1630-2000
- Bar**
 - Mon 1630-2000
 - Tue-Sat 1630-2200
- **PX / CLASS 6**
 - Mon-Fri 0900-1730
 - Sat 1130-1530

SUPER!

BOWL GAME Party



**CAMP ZAMA COMMUNITY CLUB
BALLROOM**

MONDAY, 2 FEBRUARY 2004, 7 AM

WIN GREAT DOOR PRIZES!

- Outback Steakhouse & T.G.I. Friday's Food Coupons
- Radisson Hotel (Narita) Coupons
- (2) United Airlines Roundtrip Tickets
- Sony Digital Camera courtesy of DyDo
- (100) Coors Brewing Co. T-Shirts
- FREE Buffet Breakfast & Mid Morning Snacks
- Call 263-4547 or 263-5995

THANKS to our sponsors for supporting the Camp Zama Community.

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